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Journal for Law Enforcement, Intelligence & Special Operations Professionals

## The JOUNTE APRIL/MAY 2016 CETOTIST

**POLICY RECOMMENDATIONS** FOR DEFEATING THE **ISLAMIC STATE** 

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APRIL/MAY 2016 USA/CANADA \$5.99

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# The Journal for Law Enforcement, Intelligence & Special Operations Professionals OUNTED APRIL/MAY 2 VOLUME 9 • NUMI OUNTED

APRIL/MAY 2016

**VOLUME 9 • NUMBER 2** 



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**Cover Photo:** Flowers and inscriptions after the March 2016 Brussels attacks. Photo by: Zinneke

### Life or Death: Your Life, Your Safety, Your Responsibility

### by Orlando Wilson **Reviewed by Editorial Staff** Glenbridge Publishing Ltd. (November 16, 2015)

his book is for the beginner to intermediate or recreational shooter. The book starts out covering all the basics and goes into advanced skill sets using the crawl, walk, run method. Each section of the book includes a case study from recent history that is used as a springboard lesson for the next subject covered. Most of the case studies are about close range gun fighting and contract killings done by professionals in European nations.

Wilson makes some excellent points and has some unique training methods. I read a lot of books and periodicals and I take classes as a student all the time. Forever the student. Choosing a teacher who you will trust to give you the tools on which life and death are based is a serious undertaking. How do you choose the right one? There are many ways to go about this, and after you have been around a while you can tell just by the way a person conducts him- or herself if they are running a class per a manual and can't really do much beyond that curriculum's scope or environment. What you want is a teacher who is speaking from experience.

I appreciated Orlando's book because it is clear that he is speaking from a place of experience, which is something everyone can appreciate. He is not afraid to say



Ballistic testing of the authors preferred ammo configuration on a windshield. (A staggered magazine of FMJ and HP 9mm ammo). The first round always went a little high. FMJ had less of a deviation then HP and ideally you would use the initial hole for followup shots.

things that are unconventional or outside the box of your local firearms instructor's repertoire. This was made evident by a few insightful tips and points he made in the book. Here are a few of those excerpts.

In combat shooting, you will not know the exact circumstances that will affect your terminal ballistics on target. Wilson suggests staggering rounds in your magazine between full metal jacket (FMJ) and hollow points (HP) rounds, thereby getting the penetration of FMJ with the

cavitation of HP. This will also help when having to penetrate points of enemy cover. I decided to test this idea by shooting through some windshields and comparing the ballistic trajectory going out and in with various types of ammunition. The Wilson technique worked.

Most combat shooting situations you will find yourself in will be at conversational distance. Especially in the EP world. With that in mind, Wilson advocates practicing instinctive point shooting. This is something I do anyway, but he presents some good drills and ideas about making it more efficient. No one is saying not to use the sites on the pistol. What he is saying is that inwards of seven meters and closing, there are no time for sites. With practice, this is very useful.

Most instructor courses are not even courses at all, because there is virtually no chance of failing. Wilson refers to these as "No-fail Seminars" used to collect a certificate. This is unfortunately true most of the time. Take a course that has some standards and puts you outside your comfort zone.

To sum it up, I would recommend this read. You can learn something from everyone, even if you are seasoned. I finished this book on my flight to the Shot Show, so I was in the right frame of mind. Enjoy. •

